

32nd
ESPEN
Congress



THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

**Clinical Nutrition & Metabolism
International Congress**

NICE - FRANCE

5-8 September 2010

JOIN TOGETHER FOR ESPEN IN NICE

Excellence in
Science
Practice and
Education in
Nutrition

First Announcement

www.espen.org



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Welcome Message

*Welcome to Nice, the capital of Côte d'Azur, for
the 32nd Congress of Clinical Nutrition and Metabolism!*

Twelve years have passed since the last ESPEN Congress organized in Nice by the French-speaking society, a huge success that many delegates may remember. We now look forward to welcoming you to the 32nd Congress of Clinical Nutrition and Metabolism (5-8 September 2010), for exciting scientific news and debates, a comprehensive educational programme, interactions with nutrition professionals and researchers, and also to taste the famous Mediterranean cuisine and joie de vivre.

Founded by the Greeks and further developed by the Romans, the ancient city "Nikaia" now ranks with its surroundings as the 5th largest city in France with almost 1 million inhabitants. Besides its dynamic and flourishing local economy, Nice has reached the 2nd position for tourism in France after Paris, with more than 3 million visitors each year. The local experience for hospitality is unequalled, with more than 10 000 hotel rooms, an international airport with direct flights to nearly 40 different countries, a world renowned Congress centre voted best congress centre in Europe.

Since centuries, visitors from all over the world wander through the quaint streets of Nice. Against a backdrop where the colours of the sea, the sun and the surrounding hills are always present, Nice seduces by its liveliness, its beautiful ochre-coloured facades, its picturesque markets and most of all by its authenticity. An early morning walk through the flower, fruit and vegetable markets of the old city is an important moment of pleasure for the senses: flowery, spicy and sweet perfumes, a festival of colours on the market stalls, tasting local specialities in the sun...

City of art and culture, Nice has been home to many a Grand Master: Toulouse-Lautrec, Modigliani, Utrillo, Dufy, Renoir, Chagall, Matisse, Flanet all succumbed to the charm and elegance of the city. Today Nice offers 19 internationally renowned museums. You will also enjoy the new tramway to reach the convention centre and discover all the changes it has brought to the city. Moreover, the back season may be the best time to enjoy Nice and its surroundings, with all the features of summer (including swimming in the Mediterranean sea) but with far lesser tourists.

Finally, Nice is also an important centre for Nutrition, with a department in the University Hospital and several famed research labs, and houses the seat of the French-speaking Society for Clinical Nutrition and Metabolism (SFNEP) as well as regular working meetings of ESPEN committees and council.

Let us join together for

Excellence in **S**cience, **P**ractice and **E**ducation in **N**utrition, in **N**ice



The Local Organizing Committee

Prof. Pierre Déchelotte, President

Dr Jean-Pascal De Bandt, Vice President

Prof. Eric Fontaine, Scientific Committee

Prof. Stéphane Schneider, Educational Committee

Prof. Xavier Hebuterne, Chairman SFNEP

Main topics of the Programme

Plenary lectures

- Nice Special lecture
- Sir David Cuthbertson Lecture
- Arvid Wretling Lecture

Scientific Sessions

Basic science and clinical

- Regulation of appetite
- Control of digestive function by the gut brain axis
- Profiling nutrition in cancer
- Epigenetic effects of nutrients
- Pharmaconutrition in short bowel syndrome
- Basic science in the ICU
- Individualized clinical nutrition in ICU
- Sarcopenic obesity – in connection with the SIG “Geriatrics”
- Proteolysis: issues for clinical nutrition – in connection with the SIG “Tracers”
- Fatty liver disease
- Vitamin D
- Paediatrics
- Individual nutrients in obesity: Danger or benefit?
- Food allergy / Food
- Clinical nutrition symposium
- Hot topic: negative effects of glucose control
- Oral communications

Educational sessions

- Nutrition in renal diseases
- Clinician-pharmacists cooperation
- Nutrition from child to adult
- Specialized nutrition in elderly
- Body composition
- Hyper and hyponatremia
- Nurses sessions
- Dietitians sessions
- 4 live modules of the Long Life Learning Programme

Committees

LOCAL ORGANIZING COMMITTEE

Pierre Déchelotte, *President*
Jean-Pascal De Bandt, *Vice-president*
Eric Fontaine, *Scientific committee*
Stéphane Schneider,
Educational committee
Xavier Hébuterne, *Chairman of SFNEP*

LOCAL SCIENTIFIC COMMITTEE

Eric Fontaine
Patrick Bachmann
Moïse Coëffier
Pauline Coti-Bertrand
Pascal Crenn
Béatrice Dubern
Christophe Moinard
Sébastien Neuville
Marie-Astrid Piquet
Jean-Charles Preiser
Bruno Raynard

LOCAL EDUCATIONAL COMMITTEE

Stéphane Schneider
Didier Barnoud
Corinne Bouteloup
Michel Hasselmann
Véronique Hennequin
Jane Languepin
André Petit
Stéphane Walrand

CENTRAL ESPEN EXECUTIVE COMMITTEE

Olle Ljungqvist, *Chairperson*
Miguel León-Sanz, *General Secretary*
André van Gossum, *Treasurer*
Pierre Déchelotte, *President 2010 Nice*

CENTRAL ESPEN SCIENTIFIC COMMITTEE

Yves Boirie, *Chairperson*
Stephan C. Bishoff, Olav Rooyackers,
Permanent Members
Eric Fontaine, *Rotating Member*

CENTRAL ESPEN EDUCATIONAL COMMITTEE

Alastair Forbes, *Chairperson*
Emese Antal, *Dietitian*
Mette Holst, *Nurse*
Zeljko Krznaric, *Physician*
Alessandro Laviano, *IT Officer*
Claude Pichard, *LLL Course Director*
Stéphane Schneider, *Rotating Member*



Nice... So much to see!

It is worth taking the time to discover Nice in depth: wander through the narrow streets of the old town and stroll along the famous "Promenade" before entering into the heart of the city with its rich architectural, cultural heritage, and its parks and gardens.

In addition to 150 ornamental lakes and fountains, Nice has a total of 19 museums and galleries, 32 classified historical monuments, 300 ha of parks and gardens, and woodland and green areas.

To which Nice owes its fame and glory! This superb sea-front boulevard, always decked with flowers follows the curve of the "Baie des Anges". Originally a path just two metres wide, it was an Englishman, Reverend Lewis Way, who had it built at his own expense in 1820. The locals immediately named it the "Chemin des Anglais". In its final form, two lanes of traffic separated by flower-beds and palm-trees, the "Prom" was inaugurated in 1931 by the Duke of Connaught (son of Queen Victoria). Continue to the Place Masséna, the heart of the city! On the northern side, elegant buildings in a rich red colour, and to the East, a view of the Tuscany style hillsides.

Whilst wandering through the old town, take a look at the "ogival arches" and its shops dating back to medieval times. They have been carefully restored, especially in the Rue du Pont Vieux and Rue de la Préfecture. You can also see many examples of stone lintels on the facades of private houses.

Do not miss to climb on the Castle Hill: only a few sections of wall remain of the ancient castle, but from this flower-filled park up on the hill there is a unique view of Nice and the surrounding area: an artificial waterfall, and the ruins of the former cathedral dating back to the 11th century.

And year round explore theatre, concert, opera, ballet, variety shows, galas, exhibitions... a city to discover!

Important Dates and Deadlines

Opening of Abstract submission	15 January 2010
Closing of Abstract submission	9 April 2010
Opening of late breaking abstract submission	17 May 2010
Early Registration deadline	2 June 2010
Deadline for Late breaking abstract (posters only)	25 June 2010
No refunds for hotel and excursion cancellation after	15 July 2010

ESPEN Congress Venue

The Congress will take place at the Acropolis Congress and Exhibition Centre, ideally situated in the centre of Nice, at walking distance of many hotels and only 10 minutes by tram from the Promenade des Anglais and the sea.
www.nice-acropolis.com

Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission, hotel reservations, and excursions. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.

All correspondence should be sent to:

ESPEN 2010

c/o MCI

Rue de Lyon 75

CH-1211 Geneva 13

Switzerland

Tel. +41 22 33 99 595

Fax +41 22 33 99 631

E-mail:

espen2010@mci-group.com

Information regarding the programme of the Congress will be available on the ESPEN website:

www.espen.org

from February 2010.

Website: www.espen.org

ESPEN 2010 would like to thank Mr Georges Flanet for his kind contribution of his artwork.