

IAED-Israeli
Association
of Eating
Disorders



**International Conference
on Treatment Modalities
for Eating Disorders:
Consensus & Controversy**

February 4-5, 2013
Jerusalem, Israel

www.isas.co.il/ED2013

Dear Friends and Colleagues,

We are delighted to invite you to an international conference on "Treatment Modalities for Eating Disorders: Consensus and Controversy". The conference will take place in English and Hebrew on February 4-5, 2013 in the Ramada Hotel in Jerusalem, Israel. The conference will have a clinical focus, offering professionals from all disciplines who treat eating disorders an opportunity to broaden their knowledge about topics on which there is consensus as well as about more controversial issues in the field. We aim to present a comprehensive, varied, thought-provoking and informative program appropriate for professionals from a wide range of disciplines including family and internal medicine, endocrinology, gynecology, pediatrics, sports medicine, pediatric/adolescent and adult psychiatry, the expressive therapies, nursing, nutrition and dietetics, psychology, social work, and school counseling. Each day's program will include four plenary lectures, parallel workshops, and short paper sessions on clinical and research issues. All plenary lectures, as well as most of the workshops and some parallel paper sessions will be held in English. Some workshops and short presentations, as well as an optional Teaching Day on Sunday afternoon, February 3, will be held in Hebrew.

For details see the conference website: <http://www.isas.co.il/ED2013/>.

Note that the deadline for short paper abstracts is October 31, 2012.

We look forward to welcoming you in Jerusalem.

Conference Organizing Committee:

Prof. Yael Latzer

Past President,
Israel Association
for Eating Disorders

Prof. Daniel Stein

Past Vice-President,
Israel Association
for Eating Disorders

Dr. Rachel Bachner-Melman

Treasurer,
Israel Association
for Eating Disorders

Abstracts:

Abstracts of no more than 250 words in English are invited for short oral presentations and posters. They should relate to recent research or clinical issues such as treatment approaches, outcomes, controversies, or unusual case reports. At the top please note: title, presenter's name (underlined), collaborators' names, all affiliations, and preferred presentation method (oral presentation or poster). The body of the abstract should include: theoretical background, aims, methods, results and conclusions (without subheadings). They should be sent to: conventions@isas.co.il no later than October 31, 2012. The Conference Scientific Committee will then review the abstracts and announce their decisions.

Conference Organizing Committee



Prof. Yael Latzer, Conference Chair

Yael Latzer, DSc, a certified psychotherapist and family and couples therapist, holds BA and MA degrees in Clinical Social Work and a DSc from the Technion Medical School in Haifa. She held a two-year (1989-1991) fellowship position at the Psychoanalytic Institute, Menninger Foundation, in Topeka, Kansas, USA, where she trained in the treatment of eating disorders. She is founder and Director of the Institute for the Treatment and Study of Eating Disorders in the Division of Psychiatry at Rambam Health Care Campus, Haifa, Israel. She is an Associate Professor in the Faculty of Social Welfare and Health Sciences at the University of Haifa. Professor Latzer has served as head of various academic programs, including family, trauma programs and a clinical MA program. She also developed an MA nutrition program, which was opened in 2008 with an emphasis on behavioral and psychological related factors, and has been the head of the program since its establishment. Professor Latzer has published over 125 articles and book chapters, scientific and clinical journals and has edited four books on various aspects of eating disorders. She developed an innovative rehabilitation program for young women with eating disorders in a residential hostel setting and received the Leonore & Larry Zusman - JDC Prize for excellence in the field of social services in Israel. Professor Latzer is Past President of the Israeli Academy for Eating Disorders.



Dr. Rachel Bachner-Melman

Rachel Bachner-Melman, PhD, is a clinical psychologist who specializes in the research and treatment of eating disorders. She earned a doctorate and post-doctorate in clinical psychology from the Hebrew University of Jerusalem and lectures in the Department of Behavioral Sciences and the MA Clinical Psychology Program at the Ruppin Academic Center in Emek Hefer, and in the Psychology Department of the Hebrew University. She has worked with eating disorder patients in various outpatient and inpatient settings, including Hadassah University Medical Center and Lily Safra Children's Hospital, Chaim Sheba Medical Center, Tel Hashomer. She has published over forty articles and book chapters on the psychology and genetics of eating disorders and other psychopathologies. Dr. Bachner-Melman is a member of the Scientific Committee of the Academy for Eating Disorders (AED) and served from 2009 to 2012 as Co-Chair of the AED Sisterhood, Chapter and Affiliate Committee where she continues to represent the Israel Association for Eating Disorders. She is a member of the Eating Disorders Research Society and Treasurer of the Israel Association for Eating Disorders.



Prof. Daniel Stein, MD

Daniel Stein, MD, is a certified psychiatrist and child and adolescent psychiatrist. He has directed the Pediatric Psychosomatic Department, Edmond and Lily Safra Children's Hospital, Chaim Sheba Medical Center, Tel Hashomer, Israel since 1998. He is an Associate Professor at the Department of Psychiatry, Head of the Section of Child and Adolescent Psychiatry and instructor at the School of Psychotherapy, all at the Sackler Faculty of Medicine, University of Tel Aviv, Tel Aviv, Israel. Professor Stein's main interests include child and adolescent psychiatry, eating disorders and suicidology. He specializes in psychodynamic psychotherapy and cognitive behavioral therapy. Professor Stein is a member of numerous Israeli and international organizations, including the International Society of Child and Adolescent Psychiatry, the Academy of Eating Disorders, the Eating Disorders Research Society and the European College of Neuropsychiatry. Recently Professor Stein has edited two books titled Eating Disorders: Diagnosis, Epidemiology, Etiology and Prevention; and Treatment and Recovery of Eating Disorders. He has authored over 130 articles and book chapters published in prominent international journals and books. Professor Stein is a co-founder and Past Vice President of the Israeli Academy of Eating Disorders.

Invited Speakers



Member of the Knesset Dr. Rachel Adato

MK Dr. Rachel Adato was born in Haifa, but personally and professionally she grew in Jerusalem, where she started a family and had her two sons. Rachel began her career as a young student in Hadassah School of Medicine in the Hebrew University where she later acquired her M.B.A. and Law degree. Rachel Adato was the first female gynecologist in Jerusalem. For twelve years she practiced as a Medical Doctor in the Obstetrics and Gynecology Department of Hadassah, Jerusalem (Mount Scopus) after which she moved to administrative hospital positions as Deputy Director General of Hadassah Ein Karem Medical Center, later as Member of the Board of Hospital Directors and also as Deputy Director General of Shaare Zedek Medical Center. In 2009 Rachel Adato joined the Israeli parliament after she was invited to join Kadima Party by its leader and founder, Ariel Sharon. As the chairperson of the Welfare and Health Committee, Rachel focuses mainly in public health care and more particularly in women's health care, where she feels her professional experience is a great advantage. Rachel also works to decrease the medical gap between central Israel and the periphery and to advance the public good in general.



Ms. Judith Banker

Judith Banker is the founder and executive director of the Center for Eating Disorders, a non-profit support and outpatient treatment center in Ann Arbor, Michigan nearing its 30th year of service. She is a member of the Professional Advisory Panel of F.E.A.S.T. (Families Empowered and Supporting Eating Disorder Treatment), the Advisory Board of the Academy for Eating Disorders (AED), and a member of the Scientific Advisory Board for the Global Foundation for Eating Disorders. The 2011 recipient of the AED Clinical Leadership Award, Judith lectures internationally on clinical treatment, in particular on the transtheoretical application of psychodynamic principles and techniques in eating disorder treatment and the integration of research with clinical experience. Her research and publications address a range of topics including research-practice integration, effective eating disorder treatment, and early identification and screening for eating disorders. Judith is past president and a Fellow of the AED.



Professor Rose Geist

Dr. Geist is an Associate Professor of Psychiatry and Pediatrics at the University of Toronto. She is the Chief of the Mental Health Systems at Trillium Health Centre and a medical psychiatrist at the Hospital for Sick Children. She has been very active in the development of Eating Disorders Programs for Youth in Ontario, Canada and has a special interest in the clinical syndromes associated with medically unexplained symptoms including food avoidant emotional disorders in youth.



Professor Debra Katzman

Dr. Debra Katzman, MD, FRCP(C), is a Professor of Pediatrics, Head of the Division of Adolescent Medicine, Department of Pediatrics and University of Toronto (UofT), and Senior Associate Scientist at the Research Institute at the Hospital for Sick Children. In addition, she is a Member of the Institute of Medicine at the UofT. She is the Past-President of the Academy for Eating Disorders (AED) and president-elect for the Society of Adolescent Health and Medicine (SAHM). She is a Fellow of the AED and of SAHM. Dr. Katzman is also the Chair of Specialty Committee for Adolescent Medicine at the Royal College of Physician and Surgeons of Canada.

The focus of Dr. Katzman's research program has been to study and understand the unique physiologic and developmental issues in children and adolescents with eating disorders. She has been particularly interested in the medical complications associated with pediatric eating disorders; specifically osteoporosis, brain structure and function, and amenorrhea. New research priorities include exploration and improvement in the current diagnostic classification system for early-onset eating disorders and the investigation of effective treatments for children and adolescents with eating disorders. She has published over 100 articles, abstracts, book chapters, and editorials. Dr. Katzman co-edited a book for parents on eating disorders, "Help for Eating Disorder: A Parent's Guide to Symptoms, Causes and Treatment". In addition, she is an associate editor for an adolescent medicine textbook, "Adolescent Health Care: A Practical Guide 5th edition". Dr. Katzman is on the editorial board of the Journal of Adolescent Health. She also lectures nationally and internationally on child and adolescent-onset eating disorders.



Professor James Lock

James Lock, MD, Ph.D. is Professor of Child Psychiatry and Pediatrics in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he also serves as Director of the Eating Disorder Program for Children and Adolescents. Dr. Lock has published over 200 articles, abstracts, books and book chapters. He is the past recipient of a National Institute of Health (NIH) Career Development Award and a current recipient of a Mid-Career Award. He is active in research with 4 currently NIH funded projects related to eating disorder treatment in children and adolescents and young adults as well as numerous national and international collaborations. His recent research focuses on integrating treatment research with neuroscience in eating disorders, including examining neurocognitive processes and their functional and neuroanatomical correlates. He has lectured widely in the US, Canada, Europe, South America, Asia and Australia. Dr. Lock's current research focused on interventions for Anorexia Nervosa and Bulimia Nervosa in younger patients is funded by the National Institutes of Health in the USA. He was awarded the Price Family Foundation Award for Research Excellence in 2010.



Dr. Philip Mehler

Philip S. Mehler, MD, FACP, FAED, is the Chief Medical Officer of Denver Health. A Phi Beta Kappa and honors graduate of the University of Colorado and an Alpha Omega Alpha graduate of the University of Colorado School of Medicine, Mehler has been at Denver Health since training there in the early 1980's. He served as Chief of Internal Medicine from 1993-2003 and was named Associate Medical Director in 2003. In 2008, he was promoted to Chief Medical Officer. Dr. Mehler is also a Professor of Medicine at the CU Medical School where he holds the Glassman Endowed Chair of Medicine.

He has published over 300 manuscripts, many in the area of medical complications of anorexia nervosa and bulimia, and recently published a second textbook on this subject. He has been honored by 5280 Magazine numerous times as the Top Internist in Denver. In addition Dr. Mehler has been listed in Best Doctors in America for the last thirteen years and most recently in US News & World Report's first-ever physician ranking as being in the top 1% of internists. He has won numerous teaching and research awards from the University of Colorado School of Medicine. In 2009, he was named the recipient of the Silver & Gold Award, the most prestigious honor bestowed by the University of Colorado School of Medicine, on an alumnus. He is recognized as a national and international expert in the medical complications of anorexia nervosa and bulimia and was awarded the Outstanding Clinician Award by the Academy of Eating Disorders in 2012.



Professor Ulrike Schmidt

Ulrike Schmidt, MD PhD FRCPsych FAED is Professor of Eating Disorders and Head of the Section of Eating Disorders at the Institute of Psychiatry, King's College London, UK. Her research interests cover all aspects of eating disorders, but in particular the area of psychological treatments, self-care treatments, and the use of new technologies. She is Principal Investigator of an NIHR programme grant on new treatments for anorexia nervosa.



Dr. Eric F. van Furth

Eric van Furth, Ph.D., FAED is Clinical Director of the Center for Eating Disorders Ursula in Leidschendam, the oldest and largest specialized treatment program for eating disorders in the Netherlands (700 patients at any time). Dr. van Furth is a clinical psychologist and psychotherapist. After receiving his Ph.D. in psychology from Utrecht University, Dr. van Furth went on to pen over 50 publications, primarily journals, chapters, educational videos, and conference papers on eating disorders. He has also published three books on the subject and is a member of the Editorial Advisory Board of the International Journal of Eating Disorders (IJED), European Eating Disorders Review (EEDR) and Eating Behaviors. He has been working clinically with patients with eating disorders for more than 25 years. After holding a seat as the Chair of the Dutch Multidisciplinary Treatment Guideline Workgroup on Eating Disorders (2004-2006), he is currently a Fellow and Past-President of the Academy for Eating Disorders.



Dr. Ken Weiner

Ken Weiner, MD, FAED, CEDS has been active in the treatment of Eating Disorders in Denver, Colorado, USA for more than 25 years. Recognized as a national expert in the treatment of eating disorders, he lectures extensively in the United States. He continues to be instrumental in designing and delivering state-of-the-art, high quality patient care.

Dr. Weiner created and directed Columbine Psychiatric Center Eating Disorders Program from 1988-1992, Bethesda Eating Disorder Program from 1992-1998 and Eating Disorder Center of Denver from 2002-2007. Eating Recovery Center was established October 2008 in Denver, Colorado as a joint effort with colleague Dr. Emmett Bishop.

Dr. Weiner is Assistant Clinical Professor of Psychiatry at the University of Colorado School of Medicine and has received the prestigious Gold Apple Teaching Award from the medical school and the Best Teacher Award from the Psychiatric Residency Training Program (2007). He has been named a Fellow of the Academy of Eating Disorders, a Distinguished Fellow of the American Psychiatric Association, and received the National Eating Disorders Award (2006) for co-founding the Eating Disorders Foundation in Colorado. A dedicated clinician and teacher, Dr. Weiner has co-authored numerous articles on eating disorders.



Ms. Kate Williams

Kate Williams BSc MA RD is Head of Nutrition and Dietetics at the South London and Maudsley NHS Foundation Trust. Ms. Williams graduated first in zoology, then took a post-graduate qualification in nutrition and dietetics. She also has an M.A. in the history of science and medicine.

After working for eleven years as a dietitian in acute general hospitals and in primary care, and developing a particular interest in obesity management, she moved into mental health care, setting up a new dietetics service in what was then the Maudsley and Bethlem Royal Hospitals. The service now has 9 dietitians, with specialist teams for eating disorders, and for the management of obesity and metabolic syndrome. Ms. Williams has always had a particular interest in the often complicated and difficult relationships that people have with body weight and food. She has worked particularly on developing the application of psychological strategies for behaviour

Conference Program

Monday, February 4, 2013

08:00-08:45 Registration

08:45-09:00

Greetings: Prof. Yael Latzer, Prof. Danny Stein, Dr. Rachel Bachner-Melman

09:00-10:30 Plenary Lectures

Moderator: Dr. Rachel Bachner-Melman

09:00-09:30 **Models are no example: Models not to be imitated and health-promoting legislation**
MK Dr. Rachel Adatto

09:30-10:15 **The chimera of evidence-based practice: Promises and pitfalls for eating disorder treatment and research**
Ms. Judith Banker

10:15-10:30 Discussion

10:30-11:00 Coffee Break

11:00-13:00 **Four parallel panels of short presentations**

Including Medical caveats complicating efforts to cease purging in patients with bulimia nervosa
Dr. Philip Mehler

13:00-14:00 Lunch and Poster Session I

14:00-15:30 Plenary Lectures

Moderator: Prof. Daniel Stein

14:00-14:40 **Using Family-Based Treatments for adolescent eating disorders: Empirical support for efficacy and dissemination**
Dr. James Lock

14:40-15:20 **The challenge of treating adults with anorexia nervosa**
Prof. Ulrike Schmidt

15:20-15:30 Discussion

15:30-16:00 Coffee Break

16:00-18:00 Workshops

Workshop 1: TBA

Workshop 2: Food Avoidant Emotional Disorder: A medical psychiatry approach to care
Dr. Rose Geist

Workshop 3: E-mental health for eating disorders: Proud2Bme and FeatBack
Dr. Eric van Furth

Workshop 4: Recovering control of appetite: Managing binge eating and body weight
Ms. Kate Williams

Workshop 5: Medical complications of eating disorders in children and adolescents
Dr. Debra Katzman

Tuesday, February 5, 2013

08:00-08:45 Registration

08:45-09:00

Greetings: Prof. Yael Latzer, Prof. Danny Stein, Dr. Rachel Bachner-Melman

09:00-10:30 Plenary Lectures

Moderator: Dr. Eynat Zubery

09:00-09:40 **Selective eating and food avoidance in children and adolescents: Clinical aspects**
Dr. Rose Geist

09:40-10:20 **The dietitian's contribution to recovery from an eating disorder: Interventions and outcome**
Ms. Kate Williams

10:20-10:30 Discussion

10:30-11:00 Coffee Break

11:00-13:00 **Four parallel panels of short presentations**

13:00-14:00 Lunch and Poster Session II

14:00-15:30 Plenary Lectures

Moderator: Prof. Yael Latzer

14:00-14:40 **Bone mineral density in eating disorders**
Dr. Debra Katzman

14:40-15:20 **How do we improve our care for individuals with an eating disorder? Service delivery and ethical dilemmas**
Dr. Eric van Furth

15:20-15:30 Discussion

15:30-16:00 Coffee Break

16:00-18:00 Workshops

Workshop 1: The perfect fit: How to combine research findings with clinical experience to provide the best treatments for people with eating disorders
Ms. Judith Banker

Workshop 2: Introduction to the key components of Family-Based Treatment for adolescent anorexia nervosa
Dr. James Lock

Workshop 3: Working with the Maudsley model of anorexia treatment for adults
Prof. Ulrike Schmidt

Workshop 4: Fertility, pregnancy, postpartum and temperament in women with eating disorders
Dr. Ken Weiner

Workshop 5: TBA

Sunday, February 3, 2013 - Teaching Day

Note: All Teaching Day workshops will be in Hebrew only, additional registration fee

14:30-18:00: Six parallel workshops (half-hour break in the middle)

Workshop 1: Experiential group Cognitive Behavioral Therapy for night eating syndrome with measures of mood, hunger and satiety in Night Eating Syndrome

Presenters: *Revital Edelstein MSW, Osnat Rabin MSc RD, Miri Gibon MSW and Yael Latzer DSc*
Eating Disorders Outpatient Clinic, Rambam Medical Center, Haifa

Workshop 2: Multidisciplinary treatment for childhood and adolescent obesity

Presenters: *Silvana Fennig MD, Adi Bar Eyal MSc RD and Irit Halifa-Kurtzman MSc RD*
Crisis Intervention Unit, Schneider Children's Medical Center of Israel, Petah-Tikva

Workshop 3: Self-psychology orientated treatment of eating disorders

Presenter: *Eytan Bachar, PhD*
Hadassah University Medical Center; Department of Psychology, Hebrew University of Jerusalem

Workshop 4: Group Dialectical Behavioral Therapy for parents of adolescents with eating disorders

Presenters: *Itzik Vorgaft MD and Neta Yoeli MD*
Child & Adolescent Psychiatric Unit, Ziv Medical Center, Safed

Workshop 5: Nutritional therapy for eating disorders in children, adolescents and adults in an inpatient setting

Presenters: *Brigitte Kochavi BSc RD and Eynat Ravid-Shaaltiel BSc RD*
Pediatric Psychosomatic Department and Adult Eating Disorders Department, Chaim Sheba Medical Center, Tel Hashomer, Ramat Gan

Workshop 6: Family Based Program focused on parents (FB-FP) in an outpatient eating disorders center

Presenters: *Eynat Zubery PhD, Haya Doron MSW, Tami Lowinger MSW and Ruti Scherf MA*
Eating Disorder Unit, Hanotrim Clinic (Davidson), Raanana, Shalvata Mental Health Center

General Information

Venue:

The conference will take place in Jerusalem at the Ramada Hotel.

Date:

February 4-5, 2013

Language:

All plenary lectures will take place in English, as well as the majority of workshops and short paper sessions (selected workshops and parallel sessions will be held in Hebrew).

Welcoming Reception:

A welcoming reception will be held on Sunday evening, February 3 at 19:00.

Night Tour:

On Monday, February 4 there will be a night tour of Jerusalem.

Exhibition:

A commercial exhibition will take place within the framework of the conference. For further information please contact the Secretariat at meetings@isas.co.il

Advertising and Sponsorship:

Please contact the Secretariat for space in the conference program and/or sponsorship of speakers, sessions and events.

Registration:

Registration fee of \$475 for participants includes participation in all sessions, conference kit, program, proceedings, lunch and coffee breaks, welcoming reception and night tour of Jerusalem. There is a reduced fee of \$350 for presenters (only one presenter per paper). After December 10, 2012 there will be a surcharge of \$50.

Note:

Discount fees for students and groups can be arranged. Please contact congress@isas.co.il

Accompanying Persons:

Fee of \$100 includes the welcoming reception, opening ceremony and night tour of Jerusalem. Fee does not include attendance in program sessions.

Accommodations:

Prices (per room)	Single	Double
Ramada Hotel	\$160	\$185

Price includes a full Israeli breakfast and 15% service charge. Check-in for hotels is 15:00. (Saturday check-in is approximately 20:00). Check-out is 11:00. Reservations must be made by January 1, 2013 and accompanied by a deposit of one night charge. Room availability cannot be guaranteed after this date. Full payment must be made by January 15.

Cancellation Policy:

Registration cancellations received by December 1, 2012 will be fully refunded less a \$60 processing charge. There will be a 50% refund for cancellations received between December 2, 2012 and January 20, 2013. No

refunds for cancellations received after January 20, 2013. **Hotel cancellations** received after January 20, 2013 will be charged one night's accommodation fee.

Tours may not be cancelled after January 20, 2013. Refunds will be processed one month after the conference.

Letters of Invitation:

Upon request, the Secretariat will send a personal invitation to participate in the Meeting. Such an invitation is only meant to help visitors raise travel funds or obtain a visa and is not a commitment to provide financial support.

Visas:

All visitors to Israel are required to have a valid passport, and for some countries, a visa is required. For more information please contact your nearest embassy, consulate or local travel agency well in advance. It is the responsibility of the participant to obtain a visa if required.

Important Notes:

ISAS International Seminars, and their agents, shall not be responsible for and shall be exempt from all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

Transportation from Airport:

Ben-Gurion International Airport is located 40 minutes from Jerusalem. Airport shared taxis (Nesher) run 24 hours a day and they take you door to door for ~\$18. Private taxis are also available and should cost ~\$85

Climate:

The weather in February is cool with possible rain, temperatures ranging from 6-14° C / 45-60° F.

Clothing:

Clothing is informal for all occasions. A sweater or jacket is also recommended, as the meeting rooms may be cool.

Currency / Exchange:

Israel's currency is the New Israeli Shekel (NIS). International major credit cards are accepted in most hotels, restaurants and shops. Exchange offices and ATM machines are easily available throughout the city and at the Ben Gurion International Airport.

Conference Secretariat:

ISAS International Seminars
POB 34001, Jerusalem 91340, Israel
Tel: +972-2-6520574
Fax: +972-2-6520558
Email: congress@isas.co.il

Tours

Exclusively for conference participants and accompanying persons

Tour #1: Caesarea, Haifa & Acre Sunday, February 3

Depart Jerusalem. Continue north through the orange groves of Sharon to Netanya. Follow the coastal road through the greenery of Hadera to King Herod's ancient Roman port city of Caesarea. Tour the ancient port, Hippodrome and Crusader buildings and experience the museum and film that take you back 2000 years. Pass Zichron Yaakov and hear about the vineyards and city that Baron Rothschild built nearly 100 years ago. Tour Haifa, pass the Carmel Mountains, Stella Maris and Bahai Gardens and exit Haifa north towards Acre. Break for lunch. Visit Crusader sites and UNESCO Heritage site of the underground city. Tour ancient port city, the marketplace and return to Jerusalem, passing the citadel prison where the British jailed Israel's pre-state fighters. Price \$145

Tour #2: Nazareth, Tiberias & Capernaum Wednesday, February 6

Nazareth (Church of the Annunciation and the Church of Saint Joseph), the ruins at Capernaum, Tabgha and the Church of the Multiplication of the Loaves and the Fishes. View Tiberias and the Sea of Galilee. Return via scenic view of Mount Tabor, site of the transfiguration. Price \$150





**Tour #3: Jerusalem
Thursday, February 7**

Full day tour of Jerusalem, including 3000 year old City of David, the Western Wall underground tunnels, Mt. Zion, King David's Tomb, the Room of the Last-Supper, Dormision Church, Zion Gate. Visit the Cardo, Via Dolorosa, Church of the Tomb, exit the Old City via Jaffa Gate.
Price \$80

**Tour #4: Masada, Qumran, Dead Sea
Friday, February 8**

Descend through the beautiful scenery of the Judean Desert to the lowest point on Earth - the Dead Sea. Drive along the sea, pass by Qumran where the Dead Sea Scrolls were found and continue to Masada - the ancient fortress built by Herod the Great in the 1st Century B.C.E. - which was the last Jewish stronghold to fall during the revolt against the Romans. Ascend Masada by cable car, take in the magnificent views in all directions and tour the fascinating excavations. Bring water, hat, walking shoes, bathing suit & towel (there may be time for a dip in the Dead Sea).
Price \$130

Note:

- All itineraries are subject to change and require a minimum of 15 participants per tour.
- All tours depart at 8:00 from lobby of the Ramada Hotel and return to the hotel.
- Lunch not included.
- For additional tours and extensions, please contact the Secretariat.

Registration Form Eating Disorders 2013

Please send to: ISAS International Seminars
POB 34001, Jerusalem 91340, Israel
Tel: +972-2-6520574, Fax: +972-2-6520558, Email: register@isas.co.il

Surname: First Name:

email:

Place of Work:

Mailing Address: Home Work

City: Country:

Postal Code: Tel:

Please book a single room double room* at the Ramada Hotel

check in date check out date # of nights

I will share my room with*

* It is the sole responsibility of the participants to find a roommate. In the absence of a roommate, single occupancy price will be charged.

Please reserve seats on the following tours:

Tour1: Caesarea, Haifa & Acre seat(s)

Tour2: Nazareth, Tiberias, Capernaum seat(s)

Tour3: Jerusalem seat(s)

Tour4: Masada, Qumran, Dead Sea seat(s)

Please itemize payments

Registration fee \$

Accompanying person(s) \$

Accommodations \$

Tours \$

Total \$

I enclosed a check or money order payable to ISAS International Seminars.

Bill my credit card: VISA DINERS M/C AMEX

Card number: Exp. Date:

3-4 Digit Security Code: Signature:

Bank transfer to: ISAS International Seminars Ltd.

Bank Leumi, Tourist Branch #687, Account Number 9400/41

19 King David St., Jerusalem, Israel

Swift Account: LUMIILIT, IBAN CODE: IL790106 870000000940041

Please email/fax a copy of the bank transfer instructions to the secretariat.